



2026

Feeling Under the Weather?

If you have cold symptoms, please take care of yourself at home and join us again when you have been symptom-free for at least 24 hours. Your health—and the health of our community—matters!

Yonge Eglinton EarlyON Child and Family Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EarlyON Baby Drop In Ages 0-18 Months 10:00am - 1:00pm EarlyON Music and Movement Ages 18 Months-6 Years 2:30pm - 4:00pm *No Program October 12th and October 26th *	EarlyON Family Drop In Ages 0-6 Years 9:30am - 3:00pm	EarlyON Baby Drop In Ages 0-18 Months 10:00am-1:00pm EarlyON Family Drop In Ages 0-6 Years 2:00pm - 5:00pm *No Program October 7th*	EarlyON Family Drop In Ages 0-6 Years 9:30am - 3:00pm	EarlyON Family Drop In Ages 0-6 Years 9:30am - 1:00pm	EarlyON Family Drop In Ages 0-6 Years 10:15am - 1:00pm

In October, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON Program Coordinators at 416-392-0511 ext. 246 or e-mail familyprograms@yongeeqlintoncc.com.

October Program Updates

- YECC will be closed on **Monday, October 12th** for Thanksgiving.
- **No EarlyON Programs Wednesday, October 7th** due to a Centre event and **Monday, October 26th** due to the Municipal Election.
- Nashima a Community Nutrition Educator from Toronto Public Health (TPH) will visit our program **Thursday, October 1st at 10:00am** to discuss "Food and Mood".
- Alice from Toronto Public Library (TPL) will visit the program on **Thursday, October 15th**, for a special circle time at **11:00am**.
- Our **"Midtown Family Wellness Fair"** will take place **Saturday, October 17th from 9:30am to 1:30pm**. **No registration required.**
- Join us at Northern District Library on **Monday, October 26th, 10:00-11:30am** for an EarlyON Pop Up.

October 2026

EarlyON Baby Drop In! – Mondays & Wednesdays, 10:00am-1:00pm

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers.

No registration required. *No program Wednesday October 7th, Monday October 12th and Monday October 26th

EarlyON “Music and Movement” - Mondays, 2:30pm-4:00pm

For caregivers and their children ages 18 months to 6 years. Join us for Music & Movement program, families will enjoy singing songs, dancing, playing instruments, and exploring movement activities together in a fun and welcoming environment. **No registration required. *No program Monday October 12th and Monday October 26th**

EarlyON Family Drop In! – Tuesdays & Thursdays, 9:30am-3:00pm, Wednesdays, 2:00pm-5:00pm, Fridays 9:30am – 1:00pm, Saturdays, 10:15am-1:00pm

For caregivers and their children 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with a RECE to ask about resources and community programs.

No registration required. *No program Wednesday October 7th

1-on-1 Consults with an EarlyON RECE – Virtual or In-Person

Have any questions or concerns about your child’s development? Looking for resources in your community? Book time to speak with one of our EarlyON Program Coordinators. **Registration required.** To register please E-mail: familyprograms@yongeeglingtoncc.com or call 416-392-0511 ext. 246.

Toronto Public Health “Food and Mood - Thursday, October 1st, 10:00am

Join Nashima a Community Nutrition Facilitator to talk about the relationship between food and mood, common foods that support positive moods, how mood affects food choices and mindful eating. **No registration required**

Visit from the Toronto Public Library (TPL) – Thursday, October 15th, 11:00am

Join us during Drop-In for a special visit from Alice, a librarian from the Toronto Public Library! She will share early literacy tips, discuss current and upcoming programming at the Northern District branch, and join us for circle time. **No registration required.**

Midtown Family Wellness Fair - Saturday, October 17th, 9:30am – 1:30pm

Join us for a fun and informative **Family Wellness Fair**, in collaboration with **Mothercraft EarlyON!** Connect with local community partners, including Toronto Public Health, Toronto Police Service, City of Toronto and more. Learn about programs, services and resources for children and families, enjoy family-friendly activities and refreshments, and take home a family loot bag filled with helpful resources and information. **No Registration required. Family Drop In will run as scheduled.**

***Midtown Family Wellness Fair will take place on the 3rd floor.**

EarlyON Pop-Up at Northern District Library – 40 Orchard View Blvd. – Monday, October 26th, 10:00am-11:30am – Ages 0 – 6 Years

Join us at Northern District Library for an EarlyON Pop-Up! Participate in art and sensory activities and stay for Circle Time alongside the Children’s Librarian and the YECC EarlyON Team. **No registration required.**

Please feel free to contact our EarlyON Program Coordinators with any questions about our programs at 416-392-0511 ext. 246, email

familyprograms@yongeeglingtoncc.com or visit our website at www.yongeeglingtoncc.com.

Program Reminders

- **No shoes in the EarlyON space – socks or indoor slippers only.**
- **Nut-free environment – no snacks with nuts; no hot drinks in the space.**
- **Cellphones: no photos/videos of other children and staff; please AVOID use of phones and DO NOT make calls or Facetime while in program.**
 - **Supervision: parents/caregivers are responsible for their children’s safety. Please do not leave your child unattended.**
 - **Doors: please close and lock when entering or leaving.**
- **Stay home if you or your child are sick or have new/worsening symptoms.**