



SEPTEMBER 2026

Yonge Eglinton EarlyON Child and Family Centre

Feeling Under the Weather?

If you have cold symptoms, please take care of yourself at home and join us again when you have been symptom-free for at least 24 hours. Your health—and the health of our community—matters!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EarlyON Baby Drop In Ages 0-18 Months 10:00am - 1:00pm EarlyON Music and Movement Ages 18 Months-6 Years 2:30pm - 4:00pm *No Program September 7th*	EarlyON Family Drop In Ages 0-6 Years 9:30am - 3:00pm	EarlyON Baby Drop In Ages 0-18 Months 10:00am-1:00pm EarlyON Family Drop In Ages 0-6 Years 2:00pm - 5:00pm *No Program September 30th*	EarlyON Family Drop In Ages 0-6 Years 9:30am - 3:00pm	EarlyON Family Drop In Ages 0-6 Years 9:30am - 1:00pm	EarlyON Family Drop In Ages 0-6 Years 10:15am - 1:00pm

In September, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON Program

Coordinators at 416-392-0511 ext. 246 or e-mail familyprograms@yongeeglintoncc.com.

September Program Updates

- The Centre will be closed **Monday, September 7th** for Labour Day and **Wednesday, September 30th** for The National Day of Truth and Reconciliation.
- Nashima a Community Nutrition Educator from Toronto Public Health (TPH) will visit our program **Wednesday, September 9th** to discuss "Mealtime Environments and Feeding Relationships".
- Join us on **Wednesday, September 16th at 10:30am** for a trip to Big Bear Park, registration is required.
- Alice from Toronto Public Library (TPL) will visit the program on **Thursday, September 17th**, for a special circle time at **11:00am**.
- Nancy our Toronto Public Health Nurse will visit us on **Tuesday, September 29th, at 10am** to discuss "Routines".

September 2026

EarlyON Baby Drop In! – Mondays & Wednesdays, 10:00am-1:00pm

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers.

No registration required. *No program on September 7th and September 30th

EarlyON “Music and Movement” - Mondays, 2:30pm-4:00pm

For caregivers and their children ages 18 months to 6 years. Join us for Music & Movement program, families will enjoy singing songs, dancing, playing instruments, and exploring movement activities together in a fun and welcoming environment. **No registration required. *No program on September 7th**

EarlyON Family Drop In! – Tuesdays & Thursdays, 9:30am-3:00pm, Wednesdays, 2:00pm-5:00pm, Fridays 9:30am – 1:00pm, Saturdays, 10:15am-1:00pm

For caregivers and their children 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with a RECE to ask about resources and community programs.

No registration required. *No program on September 30th

1-on-1 Consults with an EarlyON RECE – Virtual or In-Person

Have any questions or concerns about your child’s development? Looking for resources in your community? Book time to speak with one of our EarlyON Program Coordinators. **Registration required.** To register please E-mail: familyprograms@yongeeglingtoncc.com or call 416-392-0511 ext. 246.

Toronto Public Health “Mealtime Environments and Feeding Relationships” - Wednesday, September 9th, 10:00am

Join Nashima a Community Nutrition Facilitator to talk about Healthy eating environments and feeding relationships, how to allow children to follow their hunger and fullness cues and how to involve children in food skills. **No registration required.**

Trip – Big Bear Park – 5 Steve Podborski Rd, North York, ON M3C 1H7 - Wednesday, September 16th, 10:30am

Join us on September 16th at 10:30am for a fun, family-friendly outing to Big Bear Park. We’ll meet at Mount Pleasant station and take a leisurely walk and enjoy some fun time in the playground! It’s a wonderful chance to relax, connect, and spend time outdoors together. We hope to see you there! TTC fare is available.

Registration required. To register E-mail: familyprograms@yongeeglingtoncc.com or call 416-392-0511 ext. 246

Visit from the Toronto Public Library (TPL) – Thursday, September 17th, 11:00am

Join us during Drop-In for a special visit from Alice, a librarian from the Toronto Public Library! She will share early literacy tips, discuss current and upcoming programming at the Northern District branch, and join us for circle time. **No registration required.**

Toronto Public Health (TPH) “Routines” – Tuesday, September 29th, 10:00am

Join Nancy, our TPH nurse, to talk about the benefits of routines, and how to establish routines to create structure and security in your child’s day.

No registration required.

Please feel free to contact our EarlyON Program Coordinators with any questions about our programs at 416-392-0511 ext. 246, email

familyprograms@yongeeglingtoncc.com or visit our website at www.yongeeglingtoncc.com.

Program Reminders

- **No shoes in the EarlyON space – socks or indoor slippers only.**
- **Nut-free environment – no snacks with nuts; no hot drinks in the space.**
- **Cellphones: no photos/videos of other children and staff; please AVOID use of phones and DO NOT make calls or Facetime while in program.**
- **Supervision: parents/caregivers are responsible for their children’s safety. Please do not leave your child unattended.**
 - **Doors: please close and lock when entering or leaving.**
- **Stay home if you or your child are sick or have new/worsening symptoms.**