



2026

Feeling Under the Weather? If you have cold symptoms, please take care of yourself at home and join us again when you've been symptom-free for at least 24 hours. Your health—and the health of our community—matters!

Yonge Eglinton EarlyON Child and Family Centre

Table with 6 columns (Monday to Saturday) and 2 rows of program details including 'EarlyON Baby Drop In', 'EarlyON Family Drop In', and 'Gross Motor Play'.

In March, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON Program Coordinators at 416-392-0511 ext. 246 or e-mail familyprograms@yongeeglintoncc.com.

March Program Updates

- New "Gross Motor Play" for Mobile Children to 6 years of age, Tuesdays and Thursdays, 1:30pm - 2:30pm.
Celebrate March Break with us! Join us on Tuesday, March 17th at Family Drop In to celebrate St Patrick's day!
Alice from Toronto Public Library (TPL) will visit the program on Thursday, March 26th for a special circle time at 11:00am.

Visting Professionals

- Monday, March 2nd, 10am - 12pm: Developmental Consultant, Surrey Place
Wednesday, March 4th, 10am: Nancy from Toronto Public Health (TPH) will visit us to discuss "Coping with Stress: for Parents."
Monday, March 9th, 2:30pm - 4pm: Occupational Therapist, Surrey Place
Wednesday, March 11th, 10am: Kanthi from FoodShare will visit us to discuss "Baby Food Basics".
Wednesday, March 25th, 10am - 12pm: Occupational Therapist, Surrey Place

Yonge Eglinton EarlyON Child and Family Centre Program Update March 2026

EarlyON Baby Drop In! – Mondays & Wednesdays, 10:00am-1:00pm

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers. **No registration required.**

“Growing Together: Connection, Expression & Regulation Through Art” Mondays, 2:30pm-4:00pm

Mahja Kabir, an artist and art therapy trainee, creates gentle, creative spaces for care, growth, and connection. Growing Together is a 7-week registered program for caregivers and children, with each session offering a different experience. Families engage in brief grounding, open-ended art-making, and gentle closings, fostering connection, emotional expression, and communication in a supportive, low-pressure environment. Program will run February 2nd – March 30th (**No program on March 16th**). **Registration required.**

E-mail: familyprograms@yongeeglingtoncc.com or call 416-392-0511 ext. 246.

EarlyON Family Drop In! – Tuesdays & Thursdays, 9:30am-3:00pm, Wednesdays, 2:00pm-5:00pm, Fridays, 9:30am-1:00pm, Saturdays, 10:15am-1:00pm.

For caregivers and their children 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with a RECE to ask about resources and community programs. **No registration required.**

Gross Motor Play – Tuesdays and Thursdays 1:30pm – 2:30pm

For caregivers and their mobile children – 6 years of age. On your marks get set go! Calling all fast-walking children to join us for some gross motor play fun! **No registration required. Children must be independently walking to participate in program. *No program Tuesday, March 17th and Thursday, March 19th.**

1-on-1 Consults with an EarlyON RECE – Virtual or In-Person

Have any questions or concerns about your child’s development? Looking for resources in your community? Looking for childcare and have questions? Book time to speak with one of our EarlyON Program Coordinators. **Registration required. E-mail: familyprograms@yongeeglingtoncc.com or call 416-392-0511 ext. 246.**

Visit from Toronto Public Health (TPH) – Wednesday, March 4th, 10:00am

Nancy, a nurse from TPH will be here to facilitate a discussion regarding “Coping with Stress: for Parents.” **No registration required.**

FoodShare Presentations – “Baby Food Basics” – Wednesday, March 11th, 10:00am

Join Kanthi during Baby Drop-In to discuss baby feeding basics. A great introduction if your infant is going to start solids! **No registration required.**

Visit from the Toronto Public Library (TPL) – Thursday, March 26th, 11:00am

Join us during Drop In for a visit from Alice, the Toronto Public Library Librarian! They will share some early literacy tips, current and upcoming programming at the Northern District branch and join us for a circle time! **No registration required.**

Visit from Surrey Place – Various Dates in March

We will be welcoming Surrey Place for several visits throughout March. Please see the dates and times posted in our program space, and we will also share details with families via email. **No registration required.**

Please feel free to contact our EarlyON Program Coordinators with any questions about our programs at 416-392-0511 ext. 246, email familyprograms@yongeeglingtoncc.com or visit our website at www.yongeeglingtoncc.com.

Program Reminders

- **Cellphones:** no photos/videos of other children and staff; please **avoid use of phones and do not make calls or Facetime in program.**
- **No shoes in the EarlyON space – socks or indoor slippers only.**
- **Nut-free environment – no snacks with nuts; no hot drinks in the space.**
- **Supervision:** parents/caregivers are responsible for their children’s safety.
 - **Doors:** please **close and lock** when entering or leaving.
- **Stay home if you or your child are sick or have new/worsening symptoms.**