

WALK AND TALK GROUP



FRIDAYS, 9:45 AM - NOON

Get your steps in, build up endurance and form friendships with others who enjoy walking. We'll explore local routes, city parks and trails.

Local walks will end at a coffee shop, where a complimentary beverage will be provided. Bus trips include a complimentary snack.

Local
Walks

Bus
Trips



To Register:
416-392-0511 ext. 0
come into the centre
www.yongeeglintoncc.com

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