





2025

# Yonge Eglinton EarlyON Child and Family Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EarlyON Baby Drop In Ages 0-18 Months 10:00am-1:00pm  EarlyON Creative Arts Drop In Ages 18 Months- 6 years 2:30pm - 4:30pm *No program on May 19 <sup>th</sup>	EarlyON Family Drop In Ages 0-6 Years 9:30am – 3:00 pm	EarlyON Baby Drop In Ages 0-18 months 10:00am-1:00pm  EarlyON Family Drop In Ages 0-6 Years 2:00pm-5:00pm	EarlyON Family Drop In Ages 0-6 Years 9:30am-3:00pm	EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm	EarlyON Family Drop In Ages 0-6 Years 10am-1pm

In May, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON Program Coordinators Valeria Hook or Sheyda Baranvand, at 416-392-0511 ext. 246 or e-mail <a href="mailto:familyprograms@yongeeglintoncc.com">familyprograms@yongeeglintoncc.com</a>.

### **May Program Updates**

- Yonge Eglinton Community Centre is closed on Monday, May 19th for Victoria Day
- Nancy from Toronto Public Health will be here to answer your health questions on Wednesday, May 7th at 10:00am
- Kanthi from FoodShare will visit on Tuesday, May 20th to discuss "Feeding Your Toddler"
- Join us at Northern District Library on Wednesday May 21st from 10:00 11:30am for our EarlyON Pop-Up.
- Join Laura on Wednesday, May 28<sup>th</sup> for postnatal yoga, from 10:00 10:30am



# Yonge Eglinton EarlyON Child and Family Centre Program Update May 2025

EarlyON Family Drop In! - Tuesdays & Thursdays 9:30am-3:00pm, Wednesdays 2:00pm-5:00pm, Fridays & Saturdays 10:00am-1:00pm

For caregivers and their children 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with a RECE to ask about resources and community programs.

#### No registration required.

#### EarlyON Baby Drop In! - Mondays & Wednesdays 10:00am-1:00pm (No program May 19th)

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers. No registration required.

#### Creative Arts Drop In! - Mondays - 2:30pm - 4:30pm (No program May 19th)

For caregivers and their children aged 18 months-6 years. Children can get crafty and work on their creative and fine motor skills with new creative activities weekly.

No registration required.

#### 1-on-1 Consults with an EarlyON RECE - Virtual or In-Person

Have any questions or concerns about your child's development? Looking for resources in your community? Looking for childcare and have questions? Book a time to speak with our EarlyON Program Coordinator. Registration required. E-mail: familyprograms@yongeeglintoncc.com or call 416-392-0511 ext. 246.

#### Visit from Toronto Public Health (TPH) - Wednesday May 7th, 10:00am

Nancy a nurse from TPH will be here to answer questions you may have regarding your child's health and wellbeing.

#### No registration required.

#### FoodShare Presentations - "Feeding Your Toddler" - Tuesday May 20th, 11:00am

Join Kanthi during Family Drop-In to get ideas and suggestions on healthy snacks and meals for fussy toddlers! No registration required.

#### EarlyON Pop-Up at Northern District Library – 40 Orchard View Blvd. – Wednesday May 21st from 10:00am-11:30am – Ages 0 – 6 Years

Join us at Northern District Library for an EarlyON Pop-Up! Participate in art and sensory activities and stay for Circle Time alongside the Children's Librarian and the EarlyON Team. **No registration necessary, see you there!** 

#### EarlyON Baby Yoga - Wednesday May 28th, 10:00 - 10:30am

Join us during Baby Drop-In as Laura leads us through a simple postnatal Yoga Class. Make sure to bring your mat and water bottle.

#### No registration required.

Please feel free to contact Valeria or Sheyda with any questions about our programs at 416-392-0511 ext. 246, email <a href="mailto:familyprograms@yongeeglintoncc.com">familyprograms@yongeeglintoncc.com</a> or visit our website at <a href="mailto:www.yongeeglintoncc.com">www.yongeeglintoncc.com</a>.

## **Program Reminders**

Please no shoes in the EarlyON space. We ask children and adults to wear socks or indoor slippers inside the space.

We are a nut-free environment. Please no snacks or food that contain any nuts. Please no hot drinks in the EarlyON space.

When taking photos and videos please make sure you are not capturing other children or staff. This includes circle time.

Please do not make or take any Facetime or video calls while in program.

The EarlyON staff are not responsible for supervising your child while at program. Please watch your children to ensure they are being safe.

Please make sure you close and lock the doors when you enter and leave the program space. We don't want any children to escape.

If you or your child is sick or have any new or worsening symptoms of illness, please stay home.