





2025

## Yonge Eglinton EarlyON Child and Family Centre

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EarlyON Baby Drop In Ages 0-18 Months 10:00am— 1:00pm  EarlyON Creative Arts Drop In Ages 18 Months- 6 years 2:30pm — 4:30pm *No program on April 21st or 28th	EarlyON Family Drop In Ages 0-6 Years 9:30am – 3:00 pm	EarlyON Baby Drop In Ages 0-18 months 10:00am-1:00pm  EarlyON Family Drop In Ages 0-6 Years 2:00pm-5:00pm	EarlyON Family Drop In Ages 0-6 Years 9:30am-3:00pm	EarlyON Family Drop In Ages 0-6 Years 10am-1:00 pm *No program on April 18 <sup>th</sup>	EarlyON Family Drop In Ages 0-6 Years 10am-1pm

In April, all programs will run on a drop-in basis. Drop-In programs do not require pre-registration, but program capacities will still be met and there is a risk it could be full at busy times. To book a 1-on-1 consult or if you have any questions or wish to be added to our EarlyON e-mail distribution list, please contact our EarlyON Program Coordinators Valeria Hook or Sheyda Baranvand, at 416-392-0511 ext. 246 or e-mail <a href="mailto:familyprograms@yongeeglintoncc.com">familyprograms@yongeeglintoncc.com</a>.

## **April Program Updates**

- Yonge Eglinton Community Centre is closed on Friday April 18th and Monday April 21st for Easter
- There is no program on Monday April 28th due to the Federal Election
- Alice from the TPL will visit the program on Thursday April 3<sup>rd</sup> for a special circle time at 11:00am
- Every Child Belongs will visit our program for a meet and greet on Thursday April 10<sup>th</sup> at 11:30am
- Nashima, Community Health Educator will be facilitating a workshop on Tuesday April 15<sup>th</sup> at 11:00am
- Nancy from Toronto Public Health will be here to answer your health questions on Wednesday April 23<sup>rd</sup> at 10:00am
- Join Laura on Wednesday April 30th<sup>th</sup> for Postnatal yoga, from 10:00 10:30am



# Yonge Eglinton EarlyON Child and Family Centre Program Update April 2025

## EarlyON Family Drop In! - Tuesdays & Thursdays 9:30am-3:00pm, Wednesdays 2:00pm-5:00pm, Fridays & Saturdays 10:00am-1:00pm

For caregivers and their children 0-6 years of age. Play and socialize in a safe, relaxed, and supportive environment. Participate in open-ended activities, S.T.E.M activities and sensory play and then join us for circle time! Connect with our RECE to ask about resources and community programs. No registration required.

### \*No Program April 18<sup>th</sup>

#### EarlyON Baby Drop In! - Mondays & Wednesdays 10:00am-1:00pm

For caregivers and their babies aged 0-18 months. Join us in a safe, inviting environment as we participate in free-play activities and early literacy activities for babies, such as reading, singing and hand rhymes. Time for socialization with other parents and caregivers. No registration required \*No Program April 21st or April 28th

#### Creative Arts Drop In! - Mondays - 2:30pm - 4:30pm

For caregivers and their children aged 18 months-6 years. Children can get crafty and work on their creative and fine motor skills with new creative activities weekly.

No registration required. \*No Program April 21st or April 28th

#### 1-on-1 Consults with EarlyON RECE - Virtual or In-Person

Have any questions or concerns about your child's development? Looking for resources in your community? Looking for childcare and have questions? Book a time to speak with our EarlyON Program Coordinator. Registration required. E-mail: <a href="mailto:familyprograms@yongeeglintoncc.com">familyprograms@yongeeglintoncc.com</a> or call 416-392-0511 ext. 246.

## Visit from the Toronto Public Library (TPL) - Thursday April 3rd, 11:00am

Join us during Drop In for a visit from the Toronto Public Library Librarian! They will share some early literacy tips, current and upcoming programming at the Northern District branch and join us for a circle time! **No registration required.** 

#### Every Child Belongs – Thursday April 10<sup>th</sup>, 11:30

Joy from "Every Child Belongs" will visit our program for a meet and greet and let us know more about resources available for children and families. The Every Child Belongs team is made up of professionals from the City and community agencies. Together they provide services to licensed child care and EarlyON programs in Toronto related to children with extra support needs and their families. **No registration required** 

#### Toronto Public Health "Eating Healthy on a Budget" - Tuesday April 15th, 11:00am

Join Nashima, a Community Health Educator from TPH during Family Drop-In to discuss Eating healthy on a budget. Including tips for meal planning, how to maximize the household grocery budget and how to minimize food waste. **No registration required.** 

#### Toronto Public Health (TPH)- Wednesday April 23rd, 10:00am

Nancy from TPH will be here to answer questions you may have regarding your child's health and wellbeing. No registration required.

#### EarlyON Baby Yoga – Wednesday April 30th, 10:00 – 10:30am

Join us during Baby Drop-In as Laura leads us through a simple Postnatal Yoga Class. Make sure to bring your mat and water bottle. No registration is required.

Please feel free to contact Valeria or Sheyda with any questions about our programs at 416-392-0511 ext. 246, email <a href="mailto:familyprograms@yongeeglintoncc.com">familyprograms@yongeeglintoncc.com</a> or visit our website at <a href="mailto:www.yongeeglintoncc.com">www.yongeeglintoncc.com</a>.

## **Program Reminders**

Please no shoes in the EarlyON space. We ask children and adults to wear socks or indoor slippers inside the space.

We are a nut-free environment. Please no snacks or food that contain any nuts. Please no hot drinks in the EarlyON space.

When taking photos and videos please make sure you are not capturing other children or staff. This includes circle time.

Please do not make or take any Facetime or video calls while in program.

The EarlyON staff are not responsible for supervising your child while at program. Please watch your children to ensure they are being safe.

Please make sure you close and lock the doors when you enter and leave the program space. We don't want any children to escape.

If you or your child is sick or have any new or worsening symptoms of illness, please stay home.